Our commitment to you.....

Our "Food For Life Served Here" menu means we serve *Fresh, local, honest food*.

Our food is free from *undesirable trans fats, sweeteners and additives*

Our food is freshly prepared on site by professional staff who care about quality and ingredients

We support local wherever possible…our meat comes from *Quality Cuts of Sandbach, Littler's of Sandiway, Barrows of Bollington and Lower Hurst Farm in Derbyshire.*

We use free *range eggs, organic yogurt, organic Mornflake oats and MSC fish.*

We are taking steps to *reduce sugar in our recipes*

We are taking steps to *reduce single use plastic*

We can and will cater for all *special dietary requirements*

Fresh Catering

FRESH CATERING WITH THE RIGHT INGREDIENTS

Spring / Summer 2024

At: Broken Cross Primary Academy

April 2024

M	Tu	W	T	Fri	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

May 2024

M	Tu	W	T	Fri	Sa	Su
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

June 2024

M	Tu	W	T	Fri	Sa	Su
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

July 2024

M	Tu	W	T	Fri	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

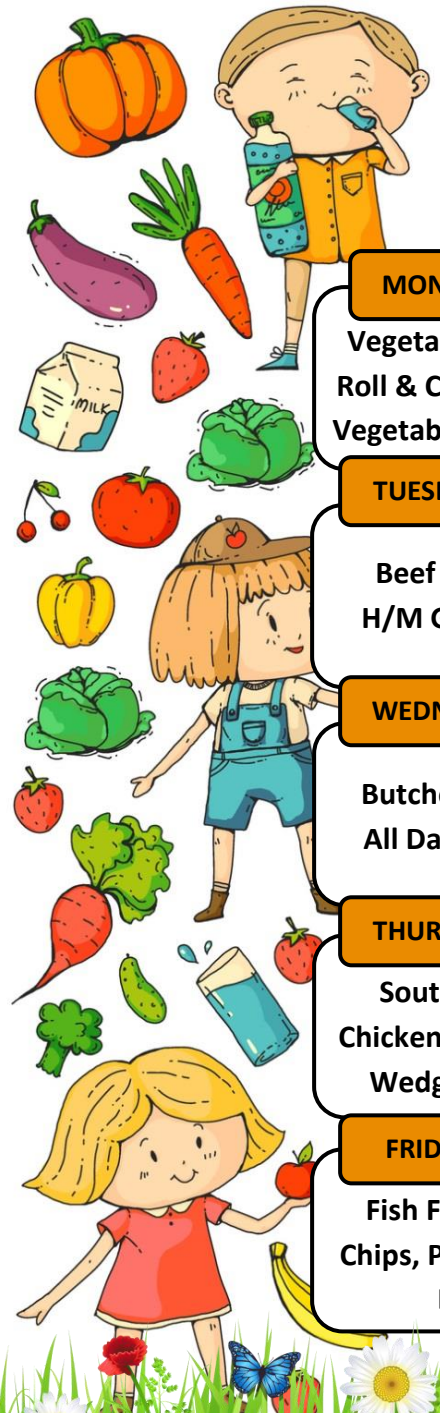
September 2024

M	Tu	W	T	Fri	Sa	Su
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

October 2024

M	Tu	W	T	Fri	Sa	Su
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Spring/ Summer Menu 2024



Week 1

MONDAY	Vegetarian Sausage Roll & Creamed Pots, Vegetables & Gravy (v)	Pasta Italienne (v)	Orange Cookie, Yogurt or Seasonal Fruit Platter
TUESDAY	Beef Lasagne & H/M Garlic Bread	Jacket Potato with a Choice of Filling/s (v)	Chocolate Penny Biscuits or Seasonal Fruit Platter
WEDNESDAY	Butchers Sausage All Day Breakfast	Vegetarian Sausage All Day Breakfast (v)	Ice Cream & Fruit Coulis or Seasonal Fruit Platter
THURSDAY	Southern Style Chicken Portion with Wedges & Salad	Ploughman's Toastie (v)	Carrot & Pineapple Cake or Seasonal Fruit Platter
FRIDAY	Fish Fingers with Chips, Peas or Baked Beans	Omelette Popover & Chips (v)	Chocolate Crunch Finger & Fruit Chunk or Seasonal Fruit

Week 2

MONDAY	H/M Cheese & Tomato Pizza with Paprika Pots (v)	Roasted Vegetable Lasagne (v)	Melting Moments, Yogurt or Seasonal Fruit Platter
TUESDAY	BBQ Pork Wrap & Savoury Rice	Ravioli in a Homemade Tomato Sauce (v)	Tangy Lemon Cake or Seasonal Fruit Platter
WEDNESDAY	Roast Chicken Fillet, Stuffing, Pots, Gravy, Carrots & Peas	Roast Quorn Fillet, Stuffing, Pots, Gravy, Carrots & Peas (v)	Fruit Oatie Finger or Seasonal Fruit Platter
THURSDAY	Chicken Fajita & ½ Portion Savoury Rice	Jacket Potato with a Choice of Filling/s (v)	Shortbread Finger & Fruit Chunk or Seasonal Fruit Platter
FRIDAY	Breaded Fish Star & Chips with Baked Beans or Peas	Vegetarian BBQ Wrap & ½ Portion Chips (v)	Summer Fruit Flapjack or Seasonal Fruit Platter